

## PATHWAYS ADDITIONAL REFERENCES NOT IN MAGAZINE: Winter 2018

### Research Perspectives

### Lymphedema: A sociological analysis

By *Stuart Nairn*

#### References

1. Parker, M., Polman, K. and Allen, T., 2016. Neglected tropical diseases in biosocial perspective. *Journal of biosocial science*, 48(S1), pp.S1-S15.
2. Freund, P.E., McGuire, M.B. and Podhurst, L.S., 2003. *Health, illness, and the social body: A critical sociology*. Prentice Hall.
3. Keast, D.H., Despatis, M., Allen, J.O. and Brassard, A., 2015. Chronic oedema/lymphoedema: under-recognised and under-treated. *International wound journal*, 12(3), pp.328-333.
4. Pillar, P., Lee, B.B., Rankin., Keeley, V. and Box, R., 2017. Our interest in swelling – but what's in a name? *Journal of Lymphoedema*, 12 (1), pp.52-55.
5. Jutel, A., 2009. Sociology of diagnosis: a preliminary review. *Sociology of health & illness*, 31(2), pp.278-299.
6. Rose, H. and Rose, S.P., 2012. *Genes, Cells and Brains: Bioscience's Promethean Promises*. Verso.
7. Album, D. and Westin, S., 2008. Do diseases have a prestige hierarchy? A survey among physicians and medical students. *Social science & medicine*, 66(1), pp.182-188.
8. Abbott, P. and Meerabeau, L. eds., 1998. *The sociology of the caring professions*. Psychology Press.
9. Dalgard, F.J., Gieler, U., Tomas-Aragones, L., Lien, L., Poot, F., Jemec, G.B., Misery, L., Szabo, C., Linder, D., Sampogna, F. and Evers, A.W., 2015. The psychological burden of skin diseases: a cross-sectional multicenter study among dermatological out-patients in 13 European countries. *Journal of Investigative Dermatology*, 135(4), pp.984-991.
10. Fu, M.R., Ridner, S.H., Hu, S.H., Stewart, B.R., Cormier, J.N. and Armer, J.M., 2013. Psychosocial impact of lymphedema: a systematic review of literature from 2004 to 2011. *Psycho-Oncology*, 22(7), pp.1466-1484.
11. Timmons, S. and Nairn, S., 2015. The development of the specialism of emergency medicine: Media and cultural influences. *Health*, 19(1), pp.3-16.
12. Pawson, R., 2006. *Evidence-based policy: a realist perspective*. Sage.

Conference Review

## 2017 Conference Highlights

*By Shirin Shallwani*

### References

1. Keast, D. & Towers, A. (2017). The rising prevalence of lymphedema in Canada: A continuing dialogue. *Lymphedema Pathways*, Spring 2017 issue, p. 5-8.
2. National Lymphoedema Partnership (2015). Consensus Statement on the Chronic Oedema –Lymphoedema Interface. Retrieved from: <http://www.lympho.org/wp-content/uploads/2017/10/Chronic-Oedema-definition-NLP-June-15.pdf> on Nov. 7th, 2017.
3. International Lymphoedema Framework (2006). Best Practice for the Management of Lymphoedema. Retrieved from: [http://www.lympho.org/wp-content/uploads/2016/03/Best\\_practice.pdf](http://www.lympho.org/wp-content/uploads/2016/03/Best_practice.pdf) on Nov. 7th, 2017.

## Exercise

# Adapted Nordic Walking

By Chantal Turgeon

## References

1. González Castro GC : El nordic Walking como ejercicio fisico a prescribir en pacientes afectados de lymfedema secundarion al cancer de mama. Apunts Med Esport, 2013
2. Hanuszkiewicz J, Malicka I, Barczyk-Pawelec K, et al. : Effects of selected forms of physical activity on body posture on sagittal plan in women post breast cancer treatment. J Back Musculoskeletal rehabil, 2015
3. Malicka I, Stefańska M, Rudziak M, et al. : The influence of nordic walking exercise on upper extremity strenght and the volume of lymphoedema in women following breast cancer treatment. Isokinet exerc SCI, 2011
4. Katz-Leurer M BJ. Test-retest reliability of arm mesure mesurment in women with breast cancer related lymphedema. J Lymphoedema. 2012
5. ILF : Best practiced for the managment of lymphoedeme, p.47
6. Casley-Smith JR. Changes in the microcirculation at the superficial and deeper levels in lymphoedema : The effects and results of massage, compression exercices and benzopyrones on these levels during treatments. Clin Hemorheol Microcirc. 2000
7. Andrea Di Blasioa Teresa Moranoa Giorgio Napolitanoa Ines Buccia Serena Di Santoa Sabina Gallinab Lucia Cugusic Francesco Di Donatod Alberto D'Ariellie Ettore Cianchettif , Nordic Walking and the Isa Method for Breast Cancer Survivors: Effects on Upper Limb Circumferences and Total Body Extracellular Water – a Pilot Study, 129668 Karger – BRC 6/16 – BRC453599
8. Kwan ML, Cohn JC, Armer JM, Steward BR, Cormier JN, Exercices in patients with lymphedema : a systematic review of the contemporary literature. Journal of cancer survivorship : research and practice. 2011
9. AndréaDiBlasio, TeresaMorano, InesBucci, SerenaDiSanto, AlbertoD'Arielli, ChristinaGonzalezCastro, LuciaCugusi, EttoreCianchetti, GiorgioNapolitano Physical exercices for breast cancer survivors : effects of 10 weeks of training on upper limb circumferences, J. Phys. Ther. Sci., 2016
10. INWA <http://www.inwa-nordicwalking.com>
11. Exercices group with sticks for lipedema and lymphedema patients, LymphodemKlinik Wittlinger, Dr. Vodder school, youtube video